

## Serve or Sponsor

Please mail to the church office or put in the offering plate during any church service.

Name: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Phone #: \_\_\_\_\_

Email: \_\_\_\_\_

One Time Donaton: \$ \_\_\_\_\_

- Your gift will be included in your year-end tax statement from the church

I wish to volunteer!

- Please email me about packing and volunteer opportunities

### Hope 4 Kids Contact Information

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84 percent of principals say that students are coming to school hungry because they don't get enough to eat at home. Also, 59% of educators say "a lot or most" children in their school rely on school meals as their primary source of nutrition.

-Hunger in Our Schools 2015

### What are some examples of food included in a pack?

The food packs will vary from week to week. Menus are planned in advance, to ensure they are not too heavy for the children to carry home. The packs provide breakfast and lunch at home during the weekend, which are typically the two meals children receive at school each week.

Fruit cups, cereal, snack bars, pretzels, raisins, macaroni and cheese and soup are just a few of the items you might find in a pack on any given week.



a weekend food program

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Providing a nutritious pack of food to support area students each weekend.

### A Joint Mission Of:

Fairview Chapel

Mt. Carmel United Methodist Church  
New Market United Methodist Church

## About Us



Hope 4 Kids is a weekend food program that provides a package of food to children in our community. The needs of these children are identified by school staff. Every week a pack of food is sent home with the child to ensure they have a consistent source of nutrition on weekends and other days they do not receive school meals.

So far, during the 2018-2019 school year Hope 4 Kids has served over 110 students each week. The schools served by Hope 4 Kids include:

- Deer Crossing Elementary School
- New Market Elementary School
- New Market Middle School
- Oakdale Elementary School
- Oakdale Middle School
- Spring Ridge Elementary School

## What do the schools provide?

The schools select the students to receive packs, communicate with parents, protect the identity of families receiving assistance, and distribute packs each week.

## SERVE

The Hope 4 Kids volunteers manage donations, plan menus, shop for food, pack the packs, and deliver packs to the school each week. Packings occur once each month at each site during the school year. We would love to invite you to join us on any packing date. Hope 4 Kids is an opportunity for volunteers of all ages to work side by side in ministry.

### Packing for 2018-2019 school year:

#### **Mt. Carmel UMC**

9411 Baltimore Road  
Frederick, MD 21704

The following Sundays at 12:15 in the church basement with childcare provided in the nursery:

9/9, 10/7, 11/11, 12/9, 1/13, 2/10, 3/10, 4/7, & 5/5

#### **New Market UMC**

5501 Old New Market Rd  
PO Box 111 (for mailing)  
New Market, MD, 21774

The following Tuesdays 6:00pm in the yellow school house east of the church.

9/18, 10/16, 11/13, 12/18, 1/22, 2/19, 3/19, 4/16, 5/21

## Sponsor

### Sponsor a child for the year

It costs approximately \$100 to feed an individual student for forty weekends. Every donation makes an impact, and all are greatly appreciated. If you feel called to support Hope 4 Kids, please complete the attached donation form and include it with your donation (checks can be made payable to 'Hope 4 Kids').

